Groceries for Viking Island

Email to vikingisland@shaw.ca Fax: 1-807-727-3965
Or mail to: Viking Island, Box 1511, Red Lake, ON, Canada, P0V 2M0

The Stock items are supplied in your cabin. The list of things to bring is just a guide. You can bring your own groceries or order them through us. Orders are filled by our local grocer (West End Groceries) They have filled all our orders for many years and Todd is a good butcher. Orders are waiting at the base for you to take to camp. **Important: Groceries without beverages should weigh about 40 or 50 lbs per person and are part of your 120 lb weight limit. Beer, soda and bottled water weigh a lot, so we take these orders into camp ahead of time. Please consider ordering beverages from us to cut down on weight for your trip to camp.**

There will be at least 1 opportunity to order additional supplies during your stay. **We will supply potatoes and onions.**

We Provide in your Cabin

- Coffee
- Salt and Pepper
- Garlic Powder
- Lemon Pepper
- Peanut butter
- Blueberry Jam
- Strawberry Jam
- Ketchup
- Green Relish
- Mustard
- Barbeque Sauce
- Pancake Flour
- Pancake Syrup
- Sugar
- Flour
- White rice
- Pork and Beans
- **Potatoes**
- **Onions**
- Canned Corn
- Canned Milk
- 1 Gal. Cooking Oil
- Tin Foil (1 box)
- Paper Towel
- Plastic bags
- Toilet Paper
- Dish Soap
- Hand Soap
- Garbage Bags
- Matches
- Cleaning Supplies

For Sale at Camp

- Beer
- Soda
- Bottled Water
- Extra Cooking Oil

Items to Bring or Order

Please add whatever you would like

Meat		
Lbs.	Bacon	
Lbs.	Lunchmeat	

Dairy		
Doz.	Eggs	
	Milk	
	Coffee Cream	
	Sour Cream	
	Butter	
	Margarine	
	Yogurt	
	Cheese	

Bread		
	Whole Wheat Bread	
	Rye Bread	
	White Bread	
	Hamburger Buns	
	Hot Dog Buns	
	Fish Breading	
	Breakfast Cereal	

Snacks		
	Potato Chips	
	Chocolate Bars	
	Pretzels	
	Bag of Cookies	
	Peanuts	

Salad Dressings		
	Mayonnaise	
	Tarter Sauce	

Produce		
	Tomatoes	
	Lettuce	

Fruit		

Condiments		

Canned Goods		

Frozen Goods		
	Orange Juice	